# Aavarampoo Ginger Tea 100g

**Introducing Aavarampoo Herbal Tea: Your Natural Health Elixir** Unearth the ancient secrets of traditional Tamil wisdom with our Aavarampoo Herbal Tea, a blend deeply rooted in holistic wellness. "Aavarai Poothiruka Savaarai Kandadhundo" - this Tamil adage extols the myriad benefits of Aavarampoo, emphasizing its ability to naturally regulate blood sugar levels and boost insulin production in the body. **Benefits at a Glance:**

1. **Blood Sugar Regulation:** Aavarampoo is renowned for its natural ability to regulate blood sugar levels, offering a natural solution to diabetes management.
2. **Purifies Blood:** Regular consumption of Aavarampoo tea acts as a potent blood purifier, enhancing overall circulatory health.
3. **Fever Remedy for Children:** Aavarampoo is a gentle and effective natural remedy for fever in children, ensuring their well-being without harmful side effects.
4. **Liver Function Improvement:** This herbal infusion aids in improving liver function, promoting optimal detoxification and metabolic processes.
5. **Digestive Health:** Aavarampoo helps rectify constipation, ensuring a healthy digestive system and smooth bowel movements.
6. **Hydration Support:** An excellent remedy for dehydration, this tea revitalizes and hydrates, especially during hot weather or after physical activity.
7. **Skin and Hair Health:** Each part of the Aavarampoo plant offers unique medicinal benefits, promoting healthy skin and hair from within.

**Why Choose Aapt Herbs?** At Aapt Herbs, we take pride in sourcing the finest ingredients directly from farmers, ensuring unparalleled quality in every sip. Our dedication to enhancing taste and convenience means that all our products are not only healthy but also irresistibly delicious and easy to prepare. Experience the purity of nature with every cup. **Usage Instructions:**

1. Take a teaspoon of Aavarampoo tea.
2. Boil it with 200ml of water, allowing the natural essence to infuse.
3. Turn off the stove, add Jaggery or Honey to your taste, and let it steep.
4. Filter and savor the goodness of this herbal elixir, especially during your relaxing evening moments.

**Storage Information:** Store in a cool, dry place away from direct sunlight. Once opened, preserve its freshness by sealing it in an airtight container. Our Aavarampoo Herbal Tea contains no artificial preservatives or colors, ensuring the purest natural experience. Embrace the holistic well-being that Aavarampoo Herbal Tea offers. With a best-before date of 10 months and a generous 100g quantity, it's time to prioritize your health and indulge in the goodness of nature. Try it today and elevate your wellness journey with Aapt Herbs!

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**Price:** ₹389.00

# Betel Leaf Powder 50g

Introducing Aapt Herbs' Premium Betel Leaves Blend: Your Gateway to Holistic Health and Fresh Breath! **Unlock the Power of Nature:** Discover the ancient secrets of betel leaves, revered for their myriad health benefits. Aapt Herbs brings you a meticulously crafted blend, harnessing the natural goodness of betel leaves, palm candy, cardamom, betel nuts, and more. Indulge in a holistic experience that not only tantalizes your taste buds but also nurtures your well-being. **Why Choose Aapt Herbs?** At Aapt Herbs, we prioritize your well-being. Our commitment begins at the source, where we select the finest ingredients directly from trusted farmers. This ensures that there is no compromise on quality, guaranteeing you the purest and most authentic blend. We then meticulously enhance the taste and ease of preparation, transforming these potent ingredients into a convenient, ready-to-use blend. **Health Benefits at Your Fingertips:  Oral Health:** Betel leaves are renowned for inhibiting bacteria growth in the mouth, ensuring your oral hygiene is top-notch and your breath is fresh.  **Cholesterol Management:** Regular consumption may contribute to lower cholesterol levels, promoting a healthier heart.  **Diabetes Support:** Embrace the anti-diabetic properties that aid in regulating blood sugar levels.  **Digestive Ease:** Say goodbye to constipation as the natural elements in our blend ease your digestive woes.  **Immune Boost:** Strengthen your immunity naturally, protecting yourself from common ailments.  **pH Balance:** Restore your body's pH levels, promoting overall well-being and vitality.  **Cold and Cough Relief:** Experience the soothing relief from cold, cough, dry throat, and throat infections.  **Gastric Comfort:** Alleviate upset stomachs and enjoy digestive comfort after every use. **A Taste of Tradition, Anytime, Anywhere:** Our betel leaves blend is not just a health elixir; it’s a culinary delight. Ready to tantalize your taste buds whenever and wherever you desire, it's the perfect companion for your busy lifestyle. Just open, use, and relish the authentic flavors and health benefits packed in every bite. **Storage and Usage:** For optimal freshness, store in a cool, dry place away from direct sunlight. Once opened, keep the blend in an airtight container to preserve its rich aroma and potency. Aapt Herbs’ betel leaves blend has a shelf life of 10 months, ensuring long-lasting freshness. **Pure, Healthy, and Convenient:** Aapt Herbs' Betel Leaves Blend contains no artificial preservatives or colors, embodying our dedication to offering you pure, unadulterated goodness. Immerse yourself in a world of taste and well-being, and experience the wonders of nature with every bite. **Embrace Holistic Health Today:** Transform your health journey with Aapt Herbs’ Premium Betel Leaves Blend. Embrace the goodness of nature, delight your senses, and nurture your well-being. Try our blend today and embark on a flavorful, health-enhancing experience! Order Now and experience the Aapt Herbs difference. Your well-being, our priority.

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**Price:** ₹199.00

# Black Rice Health Mix 250g

Indulge in the royal legacy of Forbidden Black Rice, also known as Emperor's Rice, celebrated for centuries in ancient China and now available worldwide through Aapt Herbs. This prized rice, once reserved exclusively for the Emperor, has captivated the world with its rich cultural history and exceptional health benefits. Our commitment to quality ensures you experience the true essence of this exquisite grain. **Unveiling the Health Benefits:** Packed with antioxidants and boasting higher protein content than brown rice, Forbidden Black Rice is a powerhouse of nutrition. Elevate your health with its exceptional qualities. Rich in Vitamin C, this rice enhances your skin and hair quality, leaving you with a natural glow. Thanks to its antioxidant prowess, it combats free radicals, safeguarding your liver and kidneys from harm. With anti-inflammatory properties, it aids in overall organ protection. **Aapt Herbs' Commitment:** At Aapt Herbs, we take pride in sourcing the finest black rice directly from farmers, ensuring unparalleled quality. Our experts skillfully blend this exquisite grain with handpicked ingredients such as Long Pepper, Black Pepper, Oregano, Cumins, and Indu Salt. The result? A delectable health mix that is not only nutritious but also bursting with flavor. **Easy Preparation, Delicious Results:** Preparing a health-packed meal has never been this easy! Just take 1 & 1/2 tablespoons of our Forbidden Black Rice health mix and mix it with 200ml of water. Boil it for 10 to 20 minutes over medium flame, and you're ready to relish a dish that combines health, taste, and convenience seamlessly. **Why Choose Aapt Herbs?** At Aapt Herbs, we prioritize your well-being. Our products are not only healthy but also incredibly tasty and convenient to use. We do not compromise on quality, ensuring that you get the best with every purchase. Say goodbye to artificial preservatives and colors – our Forbidden Black Rice health mix is pure, natural, and a testament to our dedication to your health. **Storage Instructions:** To preserve its freshness and flavor, store our Forbidden Black Rice health mix in a cool, dry place away from direct sunlight. Once opened, transfer it to an airtight container for lasting goodness. Elevate your culinary experience and nurture your well-being with our Forbidden Black Rice health mix. Order now and embark on a journey of exquisite taste and unparalleled health benefits. Aapt Herbs – Where Health Meets Flavor.

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**Price:** ₹385.00

# Black Urad Dhal Health mix 250g

Introducing Aapt Herbs Black Urad Dal Health Mix – Your Gateway to Health and Taste! **Key Benefits: 1. Improves Digestion:** Black Urad Dal is packed with both soluble and insoluble fiber, promoting healthy digestion and preventing digestive issues. **2. Heart Health:** This nutrient-rich dal protects your heart by regulating cholesterol levels, ensuring a healthy cardiovascular system. **3. Pregnancy Nutrition:** Ideal for expectant mothers, our Health Mix provides essential nutrients vital for the health of both the mother and the baby. **4. Boosts Bone Health:** Loaded with vital minerals, it strengthens bones, making it an excellent choice for everyone, especially for growing children and the elderly. **5. Enhances Skin and Hair:** Enriched with nutrients, this mix contributes to glowing skin and luscious hair, making you look and feel your best. **6. Relieves Stomach Aches:** Known for its soothing properties, Black Urad Dal aids in relieving stomach discomfort and promotes overall gut health. **7. Supports Blood Circulation:** Aapt Herbs Black Urad Dal Health Mix is infused with potassium, promoting healthy blood circulation and preventing damage to arterial walls. **8. Premium Quality Ingredients:** At Aapt Herbs, we prioritize quality. We directly source the finest Black Urad Dal from farmers, ensuring authenticity and freshness in every pack. **Why Choose Aapt Herbs?**

- **Quality Assurance:** We guarantee the highest quality by sourcing ingredients directly from farmers, ensuring purity and authenticity.
- **Taste Enhancement:** Our team works tirelessly to enhance the taste and convenience of our products, offering you not just health benefits but a delightful culinary experience.
- **Easy to Use:** Our Health Mix is not only healthy but also incredibly easy to prepare. Just mix 1&1/2 tablespoons of the health mix with 200ml of water, boil it for 10 to 20 minutes, and enjoy a nutritious meal.
- **No Compromise on Taste:** We believe that healthy food should also be delicious. That's why all our products are crafted to perfection, combining health benefits with exceptional taste.
- **Long Shelf Life:** Packaged in a secure, airtight container, our Health Mix has a shelf life of 10 months, ensuring you have a constant supply of nutritious goodness.

**Ingredients:** Our Black Urad Dal Health Mix is made from the finest Black Urad Dal, Black Pepper, Long Pepper, Indu Salt, and other premium ingredients, all carefully selected for their quality and taste. **Storage Instructions:** Store the Health Mix in a cool, dry place, away from direct sunlight. Once opened, transfer it to an airtight container to retain its freshness and flavor. **No Compromise on Health:** Our Health Mix contains no artificial preservatives or colors, ensuring you get the purest and healthiest product possible. Revitalize your health and indulge your taste buds with Aapt Herbs Black Urad Dal Health Mix. Experience the perfect blend of nutrition and taste in every bite. Don't miss out - try it today! *Note: Product weight - 250g*

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**Price:** ₹385.00

# Body Strengthening soup 100g

Introducing Mudavaattukaal Kilangu, the powerful miracle root known for its incredible healing properties. At Aapt Herbs, we take pride in sourcing the finest Mudavaattukaal Kilangu directly from farmers, ensuring that you receive nothing but the best quality. Our commitment to excellence shines through in every product we offer. **Benefits:** Mudavaattukaal Kilangu is a natural remedy that has been trusted for centuries. Enriched with abundant healing power, it works wonders in curing various body ailments. Regular consumption of this wonder root increases bone health, aids in joint pains and nerve problems, and strengthens the overall body. Furthermore, it has shown promising results in managing diabetes, making it an essential addition to your daily diet. **Why Choose Aapt Herbs?** At Aapt Herbs, we prioritize your health and well-being. We understand the significance of high-quality ingredients, which is why we source them directly from farmers, leaving no room for compromise. Our team works tirelessly to enhance the taste and ease of preparing delicacies with Mudavaattukaal Kilangu, ensuring that all our products are not only healthy but also incredibly tasty and convenient to use. **Usage:** Preparing a nutritious and delicious soup with Mudavaattukaal Kilangu has never been easier. Simply take 1&1/2 teaspoons of this incredible blend and mix it with 100ml of water. Boil the mixture for 10 to 15 minutes over medium flame, and you'll have a hearty and wholesome soup ready to be enjoyed. **Storage:** To preserve the freshness and potency of Mudavaattukaal Kilangu, store the product in a cool, dry place away from direct sunlight. Once opened, transfer the contents to an airtight container to maintain its quality for a longer period. Rest assured, our product contains no artificial preservatives or colors, making it a completely natural and healthy choice for you and your family. Don't miss out on the opportunity to experience the incredible benefits of Mudavaattukaal Kilangu. Try all our products and embark on a journey to better health and well-being. Order now and elevate your culinary experience with Aapt Herbs!

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**Price:** ₹300.00

# Herbal Candy

**Introducing Aapt Herbs Immune-Boosting Herbal Candy: Your Sweet Shield Against Illness!** Indulge in the delightful fusion of taste and health with our Immune-Boosting Herbal Candy! Crafted meticulously from the choicest natural ingredients, this candy isn't just a treat for your taste buds; it's your ultimate defense against throat infections and seasonal illnesses. **Why Choose Aapt Herbs?** At Aapt Herbs, we take pride in sourcing the finest ingredients directly from trusted farmers. Our commitment to quality ensures that you receive a product free from compromises. We blend tradition with innovation, enhancing both the taste and convenience of our offerings. Dive into the world of health and flavor - try all our products today! **Ingredients That Pack a Punch:** Infused with the goodness of Karpooravalli, Nelavembu, Pippali, Kostam, Ginger, Seenthil, and Clove, our Herbal Candy is a powerhouse of natural elements. Each ingredient is carefully selected for its immune-boosting properties, making it a potent remedy against cold, cough, fever, and throat infections. **Benefits That Speak Volumes:**

- **Combat Illness:** Say goodbye to cold, cough, and throat infections with our Herbal Candy’s powerful blend of ingredients.
- **Strengthen Lungs & Heart:** Enhance your respiratory health and boost your cardiovascular system’s strength.
- **Digestive Wellness:** Experience improved digestion, ensuring your body absorbs essential nutrients effectively.
- **Blood Sugar Management:** Regulate blood sugar levels naturally, promoting overall well-being.
- **Reinforce Immunity:** Build a robust immune system, enabling your body to resist and fight recurring fevers effectively.

**Usage Guidelines:** This wonder candy can be taken twice a day, offering round-the-clock protection. Suitable for ages 5 and above, it's a safe and natural way to fortify your body's defenses. Store it in a cool, dry place away from direct sunlight. Once opened, keep it fresh by storing it in an airtight container. **No Compromises, Only Pure Goodness:** Our Herbal Candy contains no added artificial preservatives or colors. It’s a testament to our dedication to providing you with products of the highest quality. **Net Weight:** 70g **Price:** Rs.175 **Best Before:** 10 months from the date of manufacture Embrace a healthier, happier you with Aapt Herbs Immune-Boosting Herbal Candy. Order now and experience the blissful synergy of taste and wellness!

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**Price:** ₹175.00

# Herbal Jaggery Powder 500g

**Title: Elevate Your Health with Aapt Herbs Premium Jaggery - A Natural Sweetener Packed with Nutrients Product Description:** Indulge in the goodness of nature with our Aapt Herbs Premium Jaggery, a powerhouse of essential minerals like iron, magnesium, calcium, and phosphorus. This pure, unadulterated jaggery not only satisfies your sweet cravings but also purifies your blood, cleanses your respiratory and digestive tracts, and boosts your immunity. **Why Choose Aapt Herbs Premium Jaggery?** At Aapt Herbs, we take pride in sourcing the finest ingredients directly from farmers, ensuring unmatched quality. Our jaggery is a testament to our commitment to your well-being. Here's why you should choose our premium jaggery:

1. **Rich in Minerals:** Loaded with iron, magnesium, calcium, and phosphorus, our jaggery supplements your daily mineral intake, promoting overall health.
2. **Natural Detoxifier:** It cleanses your blood, respiratory tract, lungs, and digestive system by eliminating toxins, leaving you feeling rejuvenated.
3. **Boosts Immunity:** A natural immunity booster, our jaggery strengthens your body's defenses against illnesses, keeping you healthy and energized.
4. **Fiber-Rich for Digestive Health:** With high fiber content, it aids in easier bowel movements, relieving constipation. It activates digestive enzymes, reducing pressure on your intestines.
5. **Healthy Sweetener:** Aapt Herbs Premium Jaggery is your guilt-free sweet indulgence. It provides the necessary carbohydrates for energy without compromising your health.
6. **Exquisite Ingredients:** Our jaggery is a blend of sugarcane, ginger, dry ginger, cardamom, coriander seeds, and Aavarampoo, ensuring a delightful flavor and aroma.
7. **Convenient Usage:** Ready to use for tea, coffee, juices, and more. Enhance the taste of your favorite beverages effortlessly.

**How to Use:** Enjoy the natural sweetness of our premium jaggery in your daily beverages. Whether it's tea, coffee, or juices, simply add and stir. Experience the richness of its flavors transforming your drinks. **Storage Instructions:** To preserve its freshness, store our Aapt Herbs Premium Jaggery in a cool, dry place away from direct sunlight. Once opened, transfer it to an airtight container for prolonged usage. **No Compromises, Only Quality:** We believe in the purity of nature. That's why our jaggery contains no artificial preservatives or colors. Experience the authentic taste and health benefits without any compromises. Elevate your culinary experience and nourish your body with Aapt Herbs Premium Jaggery. Embrace a healthier lifestyle today. Order now and experience the perfect blend of taste and well-being. **Note:** Best before 10 months from the date of packaging. Each pack contains 500g of pure goodness. *Unlock the goodness of nature with Aapt Herbs Premium Jaggery. Your path to a healthier you starts here!*

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**Price:** ₹125.00

# Herbal Tooth Powder 25g

Title: **Natural Herbal Tooth Powder (25g) - A Pure Solution for Healthy Teeth and Gums**

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**Product Description:** Discover the power of nature with our Herbal Tooth Powder, a 100% natural and organic solution for maintaining optimal oral health. Carefully crafted with the finest herbal ingredients, this tooth powder provides a unique blend of traditional remedies and modern science, ensuring your teeth and gums stay strong and healthy.
**Key Features:**

1. **Pure Herbal Goodness:** Our tooth powder is made from a blend of premium quality herbs carefully selected for their dental benefits. No harmful chemicals, additives, or preservatives - just pure, natural ingredients.
2. **Effective Oral Care:** This herbal tooth powder is expertly formulated to fight plaque, prevent cavities, and keep your breath fresh. It naturally whitens teeth, giving you a dazzling smile without the use of harsh chemicals.
3. **Strengthens Gums:** Enriched with herbal extracts known for their gum-strengthening properties, this tooth powder helps reduce gum sensitivity and promotes overall gum health.
4. **Mouth-Friendly:** Unlike abrasive commercial toothpaste, our gentle herbal powder is mild on enamel, making it suitable for individuals with sensitive teeth.
5. **Refreshing Natural Flavor:** Enjoy the refreshing taste of nature with our herbal tooth powder. The natural flavor leaves your mouth feeling clean and revitalized after every use.
6. **Easy to Use:** Just a small amount of this tooth powder goes a long way. Dip your damp toothbrush into the powder and brush your teeth as usual for a natural, refreshing clean.
7. **Eco-Friendly Packaging:** Our tooth powder comes in a compact, eco-friendly 25g packaging, reducing plastic waste and promoting a greener planet.

**Ingredients:** Our Herbal Tooth Powder is made from a blend of nature's best ingredients, including Neem, Clove, Cinnamon, and Peppermint. These herbs are renowned for their anti-bacterial, anti-inflammatory, and healing properties, ensuring complete oral care.
**Directions for Use:** Dampen your toothbrush, dip it gently into the powder, and brush your teeth for two minutes. Rinse thoroughly. For best results, use twice daily as a part of your regular oral hygiene routine. **Experience the Natural Difference:** Upgrade your oral care routine with our Herbal Tooth Powder and experience the natural difference. Say goodbye to chemicals and hello to a healthier, more vibrant smile. **Caution:** For external use only. Avoid contact with eyes. If irritation occurs, discontinue use. Keep out of reach of children. Invest in your oral health the natural way. Order our Herbal Tooth Powder (25g) today and let the power of herbs transform your smile!
*Note: For more natural oral care products, explore our website.*

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**Price:** ₹260.00

# Horse Gram Sprout Soup 100g

Introducing Aapt Herbs' Nutrient-Rich Sprouted Horse Gram Soup: A Perfect Blend of Health and Taste! **Why Choose Aapt Herbs?** At Aapt Herbs, we believe in providing you with the finest and freshest ingredients sourced directly from farmers to ensure the highest quality in every pack. Our dedication to quality is unparalleled, and we go the extra mile to enhance both the taste and convenience of preparing your favorite delicacies. With us, you don't just get healthy products; you get tasty and incredibly convenient ones too. Don't just take our word for it—try all our products and experience the Aapt Herbs difference! **Key Features:**

1. **Nutrient-Rich Goodness:** Our Sprouted Horse Gram Soup is packed with essential nutrients. It is rich in carbohydrates and protein, making it a perfect choice for individuals looking to enhance their muscle strength and maintain healthy bones. Additionally, it contains traces of minerals like iron and calcium, ensuring your body receives the nourishment it deserves.
2. **Cholesterol Management:** Consuming horse gram has been associated with reducing LDL cholesterol levels and increasing HDL cholesterol levels, promoting a healthier cardiovascular system and aiding in weight loss.
3. **Blood Pressure and Blood Sugar Control:** The high dietary fiber content in horse gram helps in balancing blood pressure and glucose levels, making it an excellent choice for those seeking to manage their heart health and diabetes.
4. **Low in Lipids:** With a low lipid content ranging from 0.58% to 2.06%, our Sprouted Horse Gram Soup is ideal for those aiming to maintain a low-fat diet without compromising on taste.
5. **Easy Preparation:** Preparing a nutritious meal has never been this easy! Just take 1 and 1/2 teaspoon of our soup mix and mix it with 100ml of water. Boil it for 10 to 15 minutes over medium flame, and your wholesome, flavorful soup is ready to enjoy.
6. **No Compromise on Quality:** Aapt Herbs guarantees that our products contain no artificial preservatives or colors, ensuring you get a pure, natural, and healthy product every time.

**Storage Instructions:** To maintain the freshness and flavor, store our Sprouted Horse Gram Soup in a cool, dry place away from direct sunlight. Once opened, transfer the contents to an airtight container for prolonged shelf life. **Best Before:** Our product is best enjoyed within 10 months from the date of packaging, guaranteeing you the freshest and most delightful experience with every serving. Indulge in the goodness of Aapt Herbs' Sprouted Horse Gram Soup. Nourish your body, tantalize your taste buds, and experience the ease of healthy living. Order now and embark on a flavorful journey to wellness!

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**Price:** ₹220.00

# Instant Chocolate Sprouty Ragi Milkshake 100g

Introducing Aapt Herbs' Sprouted Chocolate Ragi Shake, the ultimate wholesome breakfast cereal and superfood that combines the power of ragi with the goodness of almonds and cocoa beans. Ragi, also known as finger millet, is renowned for its exceptional nutritional benefits, making it a vital choice for health-conscious individuals. Our product not only celebrates the richness of these ingredients but also ensures top-notch quality sourced directly from farmers. Here's why our Sprouted Chocolate Ragi Shake stands out as your ideal breakfast companion: **Nutritional Excellence:** Ragi is a powerhouse of essential macronutrients and vital micronutrients. Packed with significant levels of Vitamin C and E, this shake becomes your go-to choice for boosting immune health, promoting glowing skin, and enhancing hair vitality. Moreover, it is naturally low in cholesterol and sodium, making it a heart-friendly option for your mornings. **Aapt Herbs Quality Assurance:** At Aapt Herbs, we take pride in sourcing the finest ingredients directly from farmers, ensuring there’s no compromise on quality. Our commitment to excellence means you're getting a product that is not only healthy but also delicious and convenient. We enhance the taste and ease of preparation to bring you a delightful culinary experience every time. **Easy Preparation & Versatility:** Preparing your healthy breakfast couldn’t be easier. Just warm some milk and add a spoon of our Sprouted Chocolate Ragi Shake. Adjust the sweetness according to your preference by adding honey or jaggery. Experiment with various recipes to create delightful shakes, smoothies, or even desserts. The possibilities are endless, catering to your taste buds and health needs. **Long Shelf Life & Natural Goodness:** Our Sprouted Chocolate Ragi Shake comes in a convenient 100g pack that ensures a long shelf life of 10 months. Store it in a cool, dry place away from direct sunlight. Once opened, keep it fresh by storing in an airtight container. Rest assured, our product contains no artificial preservatives or colors, allowing you to indulge in the natural goodness of wholesome ingredients. **Why Choose Aapt Herbs:** By choosing Aapt Herbs, you're selecting not just a product but a promise of quality and health. Our Sprouted Chocolate Ragi Shake is a testament to our dedication to offering premium, natural products that cater to your well-being. Experience the perfect blend of nutrition, taste, and convenience with every sip. **Ready to Transform Your Breakfast Routine?** Embrace the power of ragi, almonds, and cocoa beans with Aapt Herbs' Sprouted Chocolate Ragi Shake. Elevate your breakfast experience and embark on a journey towards a healthier, tastier lifestyle. Don't miss out—try all our products and discover the natural essence of wholesome goodness. *Note: Store in a cool, dry place away from direct sunlight. Once opened, store in an airtight container. Best before 10 months.* Buy Now to start your day right with Aapt Herbs' Sprouted Chocolate Ragi Shake!

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**Price:** ₹220.00

# Instant Sprouty Ragi Milkshake 100g

Ragi displays a rather impressive nutritional profile, emphasizing all the essential macro nutrients with noteworthy level of key micro nutrients. It has negligible values of cholesterol and sodium to promote heart wellness. In addition, ragi contains considerable quantities of Vitamin C & E, to boost immune skin and hair health. These are found in ample amount in ragi truly justifying as WHOLESOME BREAKFAST CEREAL AND SUPERFOOD. Why to choose Aapt Herbs? We source the finest ingredients directly from the farmers ensuring there's no compromise on quality. Then we get to work enhancing the taste & ease of preparing delicacies. As a result, all our products are not only healthy but tasty & extremely convenient to use. Go on try all of them! Store in cool, dry place away from direct sunlight. Once opened, store in an airtight container. No artificial preservatives & colours. Ingredients: Sprouted Ragi, Almonds, etc.. How to use: To warm milk, add a spoon of spourty Ragi shake. To ur taste add honey or jaggery can be added. Best before 10 months 100g

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**Price:** ₹185.00

# Moringa Podi

**Introducing Our Premium Moringa Powder: A Nutritional Powerhouse for Your Health and Wellness! Discover the Miracles of Moringa:** Moringa, renowned as the 'miracle tree' and 'drumstick tree,' is nature's gift packed with unparalleled medicinal properties. At Aapt Herbs, we bring you the finest Moringa powder sourced directly from farmers in India, ensuring the highest quality and purity for your well-being. **Why Choose Aapt Herbs Moringa Powder? 1. Rich in Vitamins and Minerals:** Our Moringa powder is a natural reservoir of essential vitamins and minerals, ensuring your body receives the nutrients it craves for optimal functioning. **2. Abundant Amino Acids:** Loaded with amino acids, Moringa promotes muscle growth, aids in tissue repair, and supports overall body strength. **3. Powerful Anti-inflammatory and Antioxidant Properties:** Combat inflammation and oxidative stress with our Moringa powder, safeguarding your body from various diseases. **4. Blood Sugar Regulation:** Moringa helps in stabilizing blood sugar levels, making it an excellent choice for individuals managing diabetes. **5. Cholesterol Control:** Experience the natural way to lower cholesterol levels, promoting a healthy heart and cardiovascular system. **6. Liver Protection:** Moringa aids in detoxifying the liver, protecting it from damage and ensuring optimal liver function. **7. Defense Against Arsenic Toxicity:** Our Moringa powder acts as a shield against arsenic toxicity, a prevalent concern in today's environment. **8. Digestive Wellness:** Moringa is gentle on the stomach, aiding digestion and promoting a healthy gut. **9. Weight Management:** Support your weight management goals with Moringa, a natural metabolism booster and appetite suppressant. **10. Nervous**

**System Support:** Promote a healthy nervous system, enhancing cognitive function and overall mental well-being. **11. Skin and Hair Health:** Experience radiant skin and lustrous hair with the nourishing effects of Moringa, making you look and feel your best. **12. Historical Healing and Modern Research:** Traditionally used to treat various conditions, modern research also supports Moringa's potential in promoting bone health, relieving joint pain, and preventing chronic diseases like heart disease and stroke. **Why Aapt Herbs?** At Aapt Herbs, we prioritize your health and satisfaction. We source our Moringa powder directly from farmers, ensuring purity and authenticity. Our products are not only healthy but also delicious and convenient to use. **Storage Instructions:** To maintain freshness, store our Moringa powder in a cool, dry place away from direct sunlight. Once opened, seal it in an airtight container. Rest assured, our product contains no artificial preservatives or colors. **Best Before:** Enjoy the goodness of our Moringa powder within 10 months of opening the package. Elevate your well-being with Aapt Herbs Moringa Powder – nature's miracle in every spoonful. Try it today and experience the wonders of holistic health!

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**Price:** ₹149.00

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