



Moringa Soup

Introducing Aapt Herbs' Moringa Soup Mix: The Ultimate Nutritional Powerhouse! Are you ready to experience the goodness of the 'miracle tree' in a delightful, convenient package? Look no further than our Aapt Herbs Moringa Soup Mix. Revered for centuries, the Moringa tree, also known as the 'miracle tree' and 'drumstick tree', boasts an array of medicinal properties found in its leaves, fruit, sap, oil, roots, bark, seeds, pod, and flowers. This natural wonder is primarily found in the lush landscapes of India and has been cherished for its incredible health benefits. **Why Choose Aapt Herbs?** At Aapt Herbs, we are committed to providing you with the finest ingredients sourced directly from the farmers, ensuring unmatched quality. We meticulously enhance the taste and ease of preparation, making our products not only healthy but also incredibly delicious and convenient to use. With our Moringa Soup Mix, you can enjoy the richness of vitamins, minerals, amino acids, antioxidants, and anti-inflammatory properties – all packed in a delightful bowl of soup! **Key Benefits:**

- **Rich in Vitamins and Minerals:** Packed with essential nutrients, our Moringa Soup Mix fortifies your body with the goodness it deserves.
- **Fight Inflammation:** Moringa is renowned for its anti-inflammatory properties, helping your body combat various ailments and promoting overall wellness.
- **Rich in Antioxidants:** Loaded with antioxidants, our soup mix safeguards your cells from damage, ensuring your body stays healthy and resilient.
- **Lower Blood Sugar Levels and Cholesterol:** Incorporating our Moringa Soup Mix into your diet may contribute to maintaining healthy blood sugar and cholesterol levels.
- **Liver Protection:** Moringa supports liver health, providing a natural shield against toxins and promoting detoxification.
- **Stomach Health:** Good for your digestive system, our soup mix aids in digestion, making you feel light and energetic.
- **Nervous System Support:** Moringa is known to benefit the nervous system, enhancing cognitive function and promoting mental clarity.
- **Weight Management:** If you're on a weight management journey, our soup mix can be a valuable addition, aiding in your efforts to stay fit and healthy.
- **Detoxification:** Moringa's natural detoxifying properties help cleanse your body from within, promoting a healthy glow.
- **Skin and Hair Health:** Experience the magic of Moringa as it rejuvenates your skin and promotes luscious, healthy hair.

How to Use: Prepare a wholesome bowl of goodness by mixing 1&1/2 teaspoon of our Moringa Soup Mix with 100ml of water. Boil it for 10 to 15 minutes over medium flame, and voila, your nutritious and delicious Moringa soup is ready to delight your taste buds and nourish your body. **Storage and Shelf Life:** Store our Moringa Soup Mix in a cool, dry place away from direct sunlight. Once opened, keep it in an airtight container to preserve its freshness. With a shelf life of 10 months, you

can enjoy the benefits of Moringa for an extended period. **Why Wait? Try Aapt Herbs' Moringa Soup Mix Today!** Indulge in the wholesome goodness of Moringa with our meticulously crafted soup mix. Experience the wonders of this 'miracle tree' in every sip and revel in the health benefits it brings. Make the choice for a healthier, happier you - try our Moringa Soup Mix now and embark on your journey to wellness!

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Price: ₹220.00



Multi Grains Health Mix 250g

Introducing Aapt Herbs Sprouted Protein Health Mix - A

Nutrient-Rich Delight for Your Family!

Are you in search of a wholesome, protein-packed, and delicious health mix for your family?

Look no further! Aapt Herbs Sprouted Protein Health Mix is

meticulously crafted with 19 premium ingredients, out of which 9 are

sprouted, ensuring optimal nutrition for you and your loved ones. **Why**

Choose Aapt Herbs Sprouted Protein Health Mix?

1. **Rich in Proteins:** Our health mix is fortified with sprouted pulses, providing a superior protein content that supports muscle growth and overall health.
2. **Abundant in Fiber, Minerals, and Vitamins:** The sprouted ingredients are packed with essential fibers, minerals, and vitamins, including Vitamin D, promoting better digestion, strong bones, and a robust immune system.
3. **Easily Digestible & Safe for Kids:** Aapt Herbs Sprouted Protein Health Mix is gentle on little tummies. It's easy to digest, making it an ideal choice for children.
4. **Quality Ingredients:** We pride ourselves on sourcing the finest ingredients directly from farmers, ensuring uncompromised quality in every pack. No artificial preservatives or colors are added, making it a pure and natural choice.
5. **Delicious & Convenient:** We believe that health foods should not only be nutritious but also delectable. Our health mix is not just healthy but incredibly tasty. Plus, it's easy to prepare, saving you precious time in the kitchen.

How to Use Aapt Herbs Sprouted Protein Health Mix:

1. Take 1&1/2 tablespoons of this health mix.
2. Mix it with 200ml of water.
3. Boil the mixture for 10 to 20 minutes on medium flame.
4. Enjoy your piping hot, nutrient-packed health drink!

Storage Instructions: To preserve its freshness, store the health mix in a cool, dry place, away from direct sunlight. Once opened, transfer it to an airtight container. **Best Before:** Our health mix has a shelf life of 10 months, ensuring you get the best quality and taste with every serving. Make a wise choice for your family's health. Embrace the goodness of Aapt Herbs Sprouted Protein Health Mix - a perfect blend of taste, nutrition, and convenience. Order now and experience the joy

of nourishing your loved ones with the best!

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Price: ₹385.00



Nutri Health Salt 200g

Introducing our Nutri Rich Salt, a versatile seasoning that can elevate any dish with its unique blend of natural ingredients. Crafted from the finest Moringa leaves, Curry leaves, and Rock salt, this salt is a powerhouse of nutrition and flavor. Here's how you can make the most of it:

Usage:

Nutri Rich Salt is a perfect addition to a wide array of dishes, enhancing their taste and nutritional value. Sprinkle it on salads, soups, stir-fries, or any savory dish for a burst of natural flavors. However, it's not recommended for sweet dishes.

Storage:

To maintain its freshness and potency, store Nutri Rich Salt in a cool, dry place, away from direct sunlight. Once opened, transfer it to an airtight container to preserve its aroma and taste for a long time.

Ingredients:

- **Moringa Leaves:** Packed with essential nutrients, Moringa leaves add a rich, earthy flavor to the salt. They are known for their anti-diabetic properties and can aid in weight loss.
- **Curry Leaves:** These aromatic leaves not only enhance the taste but also help pregnant women combat morning sickness and improve digestion.
- **Rock Salt:** A healthier alternative to regular salt, rock salt is mineral-rich and enhances the overall nutritional profile of the blend.

Benefits:

- **Anti-Diabetes Properties & Weight Loss:** Moringa leaves are renowned for their anti-diabetic properties, making this salt an excellent choice for those managing diabetes. Additionally, it aids in weight loss, promoting a healthy lifestyle.
- **Pregnant Ladies Morning Sickness:** Curry leaves are beneficial for pregnant women, easing morning sickness and providing essential nutrients for both the mother and the baby.
- **Improves Digestion:** The combination of Moringa and Curry leaves promotes healthy digestion, reducing discomfort and bloating.
- **Enhances Hair & Skin Texture:** The natural goodness of Moringa leaves contributes to healthier hair and skin, making you look and feel your best.
- **Boosts Immunity:** Nutri Rich Salt is packed with antioxidants,

Vitamin A, and iron, which boost immunity and help your body fight off infections.

- **Enriched Antioxidants, Vitamin A, Iron, Protein:** These essential nutrients contribute to overall well-being, promoting good health inside out.

With Nutri Rich Salt, you're not just seasoning your food; you're enriching your life with natural goodness. Experience the perfect harmony of taste and health. Embrace the power of nature in every sprinkle. *Elevate your dishes, enhance your health – choose Nutri Rich Salt today!*

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Price: ₹70.00

Red Rice Health Mix 250g

Introducing Aapt Herbs' Red Rice Antioxidant Health Mix - Your Gateway to Health and Taste! Red rice, known for its vibrant hue, derives its color from the powerful antioxidant anthocyanin. This compound, also found in various red and purple vegetables, not only gives the rice its characteristic color but also brings a myriad of health benefits. **Nutritional Powerhouse:** Our Red Rice Antioxidant Health Mix is a treasure trove of essential nutrients. Loaded with fiber, iron, and anthocyanin, it plays a pivotal role in reducing inflammation, controlling cholesterol levels, and lowering blood pressure. The rich magnesium content in red rice aids in improving breathing patterns, making it a fantastic choice for overall respiratory health. **Bolstering Bone Health:** Red rice is a natural source of calcium and magnesium, both vital nutrients for bone health. Regular consumption contributes to stronger bones and better overall bone density, ensuring you stay active and agile. **Why Choose Aapt Herbs?** At Aapt Herbs, we take pride in sourcing the finest ingredients directly from local farmers, ensuring there is no compromise on quality. Our Red Rice Antioxidant Health Mix undergoes a meticulous process, enhancing both its taste and ease of preparation. The result? A product that is not just healthy but also irresistibly tasty and incredibly convenient to use. **How to Use:** Preparing a nutritious and delicious meal with our Red Rice Antioxidant Health Mix is a breeze. Just take 1½ tablespoons of this health mix and mix it with 200ml of water. Boil the mixture for 10 to 20 minutes over medium flame, and voilà! You have a wholesome, hearty meal ready to delight your taste buds and nourish your body. **Storage and Shelf Life:** To maintain its freshness and quality, store our Red Rice Antioxidant Health Mix in a cool, dry place away from direct sunlight. Once opened, transfer it to an airtight container to preserve its goodness. With a shelf life of 10 months, you can enjoy the benefits of this health mix for an extended period. **Pure and Natural:** Aapt Herbs takes pride in offering products that are free from artificial preservatives and colors. Our Red Rice Antioxidant Health Mix is a testament to our commitment to providing you with pure, natural goodness that your body deserves. Don't miss out on the opportunity to enhance your well-being with our Red Rice Antioxidant Health Mix. Experience the perfect blend of health, taste, and convenience. Try it



today and embark on your journey to a healthier, happier you!

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Price: ₹385.00



Toxin Removal Powder 100g

Introducing Aapt Herbs Detox Blend: Your Path to Health and Wellness

Are you seeking a natural way to boost your digestion, revitalize your metabolism, and cleanse your body of harmful toxins? Look no further than Aapt Herbs Detox Blend, a powerful concoction of 8 premium Ayurvedic herbs meticulously crafted to promote overall well-being. **Key Benefits:**

1. **Enhanced Digestion:** Aapt Herbs Detox Blend aids in digestion, ensuring that your body efficiently absorbs nutrients and promotes gut health.
2. **Improved Metabolism:** By supporting your body's metabolic functions, this blend helps you maintain a healthy weight and energy levels.
3. **Deep Cell Cleansing:** This remarkable blend scrapes out deep-seated toxins from your body's cells, leaving you feeling rejuvenated from within.
4. **Reproductive System Health:** Our blend is designed to specifically target the reproductive system, flushing out toxins and promoting optimal health.
5. **Anti-Bloating:** Say goodbye to bloating and discomfort with the natural anti-bloating properties of our carefully selected herbs.
6. **Preventive Detox:** Daily consumption of Aapt Herbs Detox Blend acts as a shield, preventing lifestyle disorders by removing toxins and promoting holistic health.

Why Choose Aapt Herbs? At Aapt Herbs, we take pride in sourcing the finest ingredients directly from trusted farmers, ensuring unparalleled quality in every pack. What sets us apart is our dedication to enhancing both the nutritional benefits and the taste of our products. Our Detox Blend not only promotes health but also tantalizes your taste buds, making your detox journey a delightful experience.

How to Use: Taking care of your health has never been this easy. Just mix a teaspoon of our Detox Blend with warm water or honey, and indulge in its goodness. The natural flavors and benefits of Bermuda Grass, Indian gooseberry, Oregano, Basil seeds, Licorice, Dry ginger, Fenugreek, Holy basil, Guava Leaves, and more, will leave you feeling refreshed and energized.

Storage Instructions: To preserve the freshness and potency of our Detox Blend, store it in a cool, dry place away from direct sunlight. Once opened, transfer the blend into an airtight container to maintain its quality for a longer period. Rest assured, our product contains no artificial preservatives or colors, guaranteeing a pure and natural detox experience.

Discover a Healthier You: Make Aapt Herbs Detox Blend a part of your daily routine and embark on a journey towards a healthier, toxin-free lifestyle. Our product has a shelf life of 10 months, ensuring you have ample time to savor its benefits. Don't miss this opportunity to transform your health. Try our Detox Blend today and experience the

wonders of Ayurvedic wellness. Your body deserves the best—nourish it with Aapt Herbs.

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Price: ₹390.00