



Aapt Herbs
Nature for you



Bamboo Rice Badam Kheer

100g

Introducing Aapt Herbs' Bamboo Rice - Nature's Nutrient-Rich Treasure! Looking for a healthier alternative to traditional rice? Look no further than Aapt Herbs' Bamboo Rice - a nutritional powerhouse packed with essential nutrients and benefits that go beyond the ordinary. Our Bamboo Rice stands out not just for its exquisite taste, but also for its health benefits that cater to your overall well-being. **Why Choose Aapt Herbs?** At Aapt Herbs, we are committed to providing you with the finest ingredients sourced directly from farmers, ensuring top-notch quality in every pack. Our dedication to enhancing taste and simplifying the cooking process results in products that are not only healthy but also irresistibly tasty and incredibly convenient to use. Experience the Aapt Herbs difference today - your journey to better health starts here! **Key Benefits of Bamboo Rice:**

1. **Low Glycemic Index:** Bamboo rice boasts a low glycemic index, making it an excellent choice for individuals managing diabetes. It helps regulate blood sugar levels, making it a healthier option for those mindful of their sugar intake.
2. **Rich in Nutrients:** Like traditional rice, bamboo rice is abundant in carbohydrates, fiber, and protein, providing you with the energy and nourishment your body needs.
3. **Joint Pain Relief:** Bamboo rice is renowned for its potential to alleviate joint pains. Incorporating it into your diet may offer natural relief and promote joint health.
4. **Vitamin B Boost:** This nutrient-rich rice variety is packed with vitamin B, essential for metabolism, energy production, and overall vitality.

How to Use: Preparing a delicious and nutritious meal with Aapt Herbs' Bamboo Rice is a breeze:

- **Step 1:** Mix the Bamboo Rice powder with water.
- **Step 2:** Boil the mixture for 15 minutes to achieve the perfect consistency.
- **Step 3:** Customize your experience by choosing to mix it with milk or coconut milk.
- **Step 4:** Indulge in the delightful treat that awaits you!

Storage Instructions: To preserve the freshness and flavor of your Bamboo Rice, store it in a cool, dry place away from direct sunlight. Once opened, transfer the contents to an airtight container to maintain its quality and taste. **Quality Assurance:** Rest assured, our Bamboo Rice contains no artificial preservatives or colors. It's pure, natural goodness crafted with care to enhance your culinary experience and promote your well-being. Don't miss out on the opportunity to transform your meals and elevate your health. Try Aapt Herbs' Bamboo Rice today and embark on a journey of flavor, nutrition, and well-being. Your body deserves the best - and at Aapt Herbs, we deliver nothing less! *Best before: 10 months Net Weight: 100g* Order your pack now and savor the goodness of nature with every bite!

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Price: ₹390.00
