



Black Rice Health Mix 250g

Indulge in the royal legacy of Forbidden Black Rice, also known as Emperor's Rice, celebrated for centuries in ancient China and now available worldwide through Aapt Herbs. This prized rice, once reserved exclusively for the Emperor, has captivated the world with its rich cultural history and exceptional health benefits. Our commitment to quality ensures you experience the true essence of this exquisite grain. **Unveiling the Health Benefits:** Packed with antioxidants and boasting higher protein content than brown rice, Forbidden Black Rice is a powerhouse of nutrition. Elevate your health with its exceptional qualities. Rich in Vitamin C, this rice enhances your skin and hair quality, leaving you with a natural glow. Thanks to its antioxidant prowess, it combats free radicals, safeguarding your liver and kidneys from harm. With anti-inflammatory properties, it aids in overall organ protection. **Aapt Herbs' Commitment:** At Aapt Herbs, we take pride in sourcing the finest black rice directly from farmers, ensuring unparalleled quality. Our experts skillfully blend this exquisite grain with handpicked ingredients such as Long Pepper, Black Pepper, Oregano, Cumins, and Indu Salt. The result? A delectable health mix that is not only nutritious but also bursting with flavor. **Easy Preparation, Delicious Results:** Preparing a health-packed meal has never been this easy! Just take 1 & 1/2 tablespoons of our Forbidden Black Rice health mix and mix it with 200ml of water. Boil it for 10 to 20 minutes over medium flame, and you're ready to relish a dish that combines health, taste, and convenience seamlessly. **Why Choose Aapt Herbs?** At Aapt Herbs, we prioritize your well-being. Our products are not only healthy but also incredibly tasty and convenient to use. We do not compromise on quality, ensuring that you get the best with every purchase. Say goodbye to artificial preservatives and colors - our Forbidden Black Rice health mix is pure, natural, and a testament to our dedication to your health. **Storage Instructions:** To preserve its freshness and flavor, store our Forbidden Black Rice health mix in a cool, dry place away from direct sunlight. Once opened, transfer it to an airtight container for lasting goodness. Elevate your culinary experience and nurture your well-being with our Forbidden Black Rice health mix. Order now and embark on a journey of exquisite taste and unparalleled health benefits. Aapt Herbs - Where Health Meets Flavor.

[Read More](#)

Price: ₹385.00