



# Black Urad Dhal Health mix

## 250g

Introducing Aapt Herbs Black Urad Dal Health Mix – Your Gateway to Health and Taste! **Key Benefits:**

- 1. Improves Digestion:** Black Urad Dal is packed with both soluble and insoluble fiber, promoting healthy digestion and preventing digestive issues.
- 2. Heart Health:** This nutrient-rich dal protects your heart by regulating cholesterol levels, ensuring a healthy cardiovascular system.
- 3. Pregnancy Nutrition:** Ideal for expectant mothers, our Health Mix provides essential nutrients vital for the health of both the mother and the baby.
- 4. Boosts Bone Health:** Loaded with vital minerals, it strengthens bones, making it an excellent choice for everyone, especially for growing children and the elderly.
- 5. Enhances Skin and Hair:** Enriched with nutrients, this mix contributes to glowing skin and luscious hair, making you look and feel your best.
- 6. Relieves Stomach Aches:** Known for its soothing properties, Black Urad Dal aids in relieving stomach discomfort and promotes overall gut health.
- 7. Supports Blood Circulation:** Aapt Herbs Black Urad Dal Health Mix is infused with potassium, promoting healthy blood circulation and preventing damage to arterial walls.
- 8. Premium Quality Ingredients:** At Aapt Herbs, we prioritize quality. We directly source the finest Black Urad Dal from farmers, ensuring authenticity and freshness in every pack.

**Why Choose Aapt Herbs?**

- **Quality Assurance:** We guarantee the highest quality by sourcing ingredients directly from farmers, ensuring purity and authenticity.
- **Taste Enhancement:** Our team works tirelessly to enhance the taste and convenience of our products, offering you not just health benefits but a delightful culinary experience.
- **Easy to Use:** Our Health Mix is not only healthy but also incredibly easy to prepare. Just mix 1&1/2 tablespoons of the health mix with 200ml of water, boil it for 10 to 20 minutes, and enjoy a nutritious meal.
- **No Compromise on Taste:** We believe that healthy food should also be delicious. That's why all our products are crafted to perfection, combining health benefits with exceptional taste.
- **Long Shelf Life:** Packaged in a secure, airtight container, our Health Mix has a shelf life of 10 months, ensuring you have a constant supply of nutritious goodness.

**Ingredients:** Our Black Urad Dal Health Mix is made from the finest Black Urad Dal, Black Pepper, Long Pepper, Indu Salt, and other premium ingredients, all carefully selected for their quality and taste.

**Storage Instructions:** Store the Health Mix in a cool, dry place, away from direct sunlight. Once opened, transfer it to an airtight container to retain its freshness and flavor. **No Compromise on Health:** Our Health Mix contains no artificial preservatives or colors, ensuring you get the purest and healthiest product possible. Revitalize your health and indulge your taste buds with Aapt Herbs Black Urad Dal Health Mix. Experience the perfect blend of nutrition and taste in every bite.

Don't miss out - try it today! *Note: Product weight - 250g*

[Read More](#)

**Price:** ₹385.00

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