



# Instant Sprouty Ragi Milkshake

## 100g

Ragi displays a rather impressive nutritional profile, emphasizing all the essential macro nutrients with noteworthy level of key micro nutrients. It has negligible values of cholesterol and sodium to promote heart wellness. In addition, ragi contains considerable quantities of Vitamin C & E, to boost immune skin and hair health. These are found in ample amount in ragi truly justifying as WHOLESOME BREAKFAST CEREAL AND SUPERFOOD. Why to choose Aapt Herbs? We source the finest ingredients directly from the farmers ensuring there's no compromise on quality. Then we get to work enhancing the taste & ease of preparing delicacies. As a result, all our products are not only healthy but tasty & extremely convenient to use. Go on try all of them! Store in cool, dry place away from direct sunlight. Once opened, store in an airtight container. No artificial preservatives & colours.

Ingredients: Sprouted Ragi, Almonds, etc.. How to use: To warm milk, add a spoon of sprouty Ragi shake. To ur taste add honey or jaggery can be added. Best before 10 months 100g

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**Price:** ₹185.00