



Aapt Herbs
Nature for you



Multi Grains Health Mix 250g

Introducing Aapt Herbs Sprouted Protein Health Mix - A Nutrient-Rich Delight for Your Family! Are you in search of a wholesome, protein-packed, and delicious health mix for your family? Look no further! Aapt Herbs Sprouted Protein Health Mix is meticulously crafted with 19 premium ingredients, out of which 9 are sprouted, ensuring optimal nutrition for you and your loved ones. **Why Choose Aapt Herbs Sprouted Protein Health Mix?**

1. **Rich in Proteins:** Our health mix is fortified with sprouted pulses, providing a superior protein content that supports muscle growth and overall health.
2. **Abundant in Fiber, Minerals, and Vitamins:** The sprouted ingredients are packed with essential fibers, minerals, and vitamins, including Vitamin D, promoting better digestion, strong bones, and a robust immune system.
3. **Easily Digestible & Safe for Kids:** Aapt Herbs Sprouted Protein Health Mix is gentle on little tummies. It's easy to digest, making it an ideal choice for children.
4. **Quality Ingredients:** We pride ourselves on sourcing the finest ingredients directly from farmers, ensuring uncompromised quality in every pack. No artificial preservatives or colors are added, making it a pure and natural choice.
5. **Delicious & Convenient:** We believe that health foods should not only be nutritious but also delectable. Our health mix is not just healthy but incredibly tasty. Plus, it's easy to prepare, saving you precious time in the kitchen.

How to Use Aapt Herbs Sprouted Protein Health Mix:

1. Take 1&1/2 tablespoons of this health mix.
2. Mix it with 200ml of water.
3. Boil the mixture for 10 to 20 minutes on medium flame.
4. Enjoy your piping hot, nutrient-packed health drink!

Storage Instructions: To preserve its freshness, store the health mix in a cool, dry place, away from direct sunlight. Once opened, transfer it to an airtight container. **Best Before:** Our health mix has a shelf life of 10 months, ensuring you get the best quality and taste with every serving. Make a wise choice for your family's health. Embrace the goodness of Aapt Herbs Sprouted Protein Health Mix - a perfect blend of taste, nutrition, and convenience. Order now and experience the joy of nourishing your loved ones with the best!

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Price: ₹385.00